



Mount Olive High School

April 2018
Lunch Menu

Student Lunch \$4.00 Reduced Lunch \$0.40 Adult Lunch \$5.00

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO **NY Style or Personal Pan Pizza with a Variety of Toppings**

Fast & Fresh **Assorted Freshly Prepared Specialty Salad Meals**

Great Grillers **Hamburger or Cheeseburger on a Bun**
Crispy Chicken Sandwich
Spicy Buffalo Chicken Sandwich

Deli Central **Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings**

Harvest Market **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**
Featured Daily

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**



Connect with us!



Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-927-2208 x 7800

The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

2	3	4	5	6
Spring Recess! School Closed				
9 Firecracker Chicken Sandwich with Boom Boom Sauce Vegetable Medley Fresh or Chilled Fruit	10 New Recipe! Sweet Chili Beef Rice Bowl with Broccoli Fresh or Chilled Fruit	11 Chicken Caesar Salad Wrap Three Bean Salad Fresh Veggie Dippers Fresh or Chilled Fruit	12 Pulled Pork on a Bun Potato Wedges Fresh or Chilled Fruit	13 Chicken Parmesan Sandwich Freshly Prepared Caesar Salad Fresh or Chilled Fruit
16 Meatless Monday Pasta Alfredo Warm Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	17 Southwest Turkey Flatbread with Salsa-Ranch Sauce Sweet Potato Fries Fresh or Chilled Fruit	18 BBQ Chicken Cheddar Melt Freshly Prepared Vegetable Pasta Salad Fresh or Chilled Fruit	19 Nacho Platter with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Corn Fresh or Chilled Fruit	20 Asian Chicken and Rice Bowl Steamed Broccoli Fresh or Chilled Fruit
Eat the Colors of the Rainbow Week				
23 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit	24 Cheesesteak Calzone Oven Baked Fries Fresh or Chilled Fruit	25 Pasta with Meat Sauce Warm Garlic Breadstick Freshly Prepared Italian House Salad Fresh or Chilled Fruit	26 National Pretzel Day Buffalo Chicken Dip with Soft Pretzel Sticks Veggie Dippers Fresh or Chilled Fruit	27 Chicken Tender Basket With Tater Tots & Warm Breadstick Fresh or Chilled Fruit
30 Meatless Monday Caprese Panini with Mozzarella Cheese, Tomatoes, Basil, & Balsamic Glaze Italian-Style Potato Wedges Fresh or Chilled Fruit				

MENU SUBJECT TO CHANGE

Payments can be made online using www.payforit.net

Please Make Checks Payable To:
Mount Olive Township Board of Education



"This institution is an equal opportunity provider"