



Mount Olive Middle School

April 2018
Lunch Menu

Student Lunch \$3.75 Reduced Lunch \$0.40 Adult Lunch \$4.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO **NY Style or Personal Pan Pizza with a Variety of Toppings**

Fast & Fresh **Assorted Freshly Prepared Specialty Salad Meals**

Great Grillers **Hamburger or Cheeseburger on a Bun**
Crispy Chicken Sandwich
Spicy Buffalo Chicken Sandwich

Deli Central **Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings**

Harvest Market **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**
Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-927-2208 x 7800

The Main Event

Monday Tuesday Wednesday Thursday Friday

2	3	4	5	6
Spring Recess! School Closed				
9 Firecracker Chicken Sandwich with Boom Boom Sauce Vegetable Medley Fresh or Chilled Fruit	10 Breakfast for Lunch Pancakes Breakfast Sausages Hash Browns Fresh or Chilled Fruit	11 Buffalo Chicken or Creamy Mac & Cheese Soft Pretzel Stick Green Beans Fresh or Chilled Fruit	12 Rodeo Burger on a Bun with BBQ Sauce & Onion Rings Potato Wedges Fresh or Chilled Fruit	13 Chicken Parm Hero Freshly Prepared Caesar Salad Fresh or Chilled Fruit
16 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit	17 Breakfast for Lunch New Item! Cinnamon French Toast Sticks with Warm Mixed Berry Compote Breakfast Sausages Sweet Potato Tots Fresh or Chilled Fruit	18 Grilled BBQ Chicken Sandwich Freshly Prepared Vegetable Pasta Salad Fresh or Chilled Fruit	19 Nacho Platter with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Corn Fresh or Chilled Fruit	20 Plain or Spicy Chicken Tender Basket Warm Breadstick Tater Tots Fresh or Chilled Fruit
Eat the Colors of the Rainbow Week				
23 Bacon Egg and Cheese Sandwich Roasted Potatoes Fresh or Chilled Fruit	24 Philly Cheesesteak Hero with Peppers & Onions Oven Baked Fries Fresh or Chilled Fruit	25 Pasta with Meatballs Warm Garlic Breadstick Freshly Prepared Italian House Salad Fresh or Chilled Fruit	26 National Pretzel Day Ham & Cheese Melt on a Pretzel Bun Emoji Fries Fresh or Chilled Fruit	27 Pizza Crunchers with Marinara Sauce Freshly Prepared Garden Salad Fresh or Chilled Fruit
30 Sweet & Sour Popcorn Chicken with Rice Steamed Broccoli Fresh or Chilled Fruit				



MENU SUBJECT TO CHANGE

Payments can be made online using www.payforit.net

Please Make Checks Payable To:
Mount Olive Township Board of Education



"This institution is an equal opportunity provider"