



Monday	Tuesday	Wednesday	Thursday	Friday
 <p><i>enjoy your</i> <b>Summer Vacation!</b></p>				<p>1 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>
<p>4 <b>Assorted Muffins with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>5 <b>Berry Rice Krispie Cereal Bar with Low Fat Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>6 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>7 <b>Assorted Muffins with Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>8 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>
<p>11 <b>Assorted Muffins with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>12 <b>Berry Rice Krispie Cereal Bar with Low Fat Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>13 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>14 <b>Assorted Muffins with Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>15 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>
<p>18 <b>Assorted Muffins with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>19 <b>Berry Rice Krispie Cereal Bar with Low Fat Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>20 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>21 <b>Assorted Muffins with Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>22 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>
<p>25 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>

## Get a Healthy Start to Your Day with School Breakfast!

**Available Daily:**  
Assorted Cereals served with  
Graham Crackers  
Assorted Fruit  
100% Juice Selection  
Milk Selection

**Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!**

**Student Breakfast \$2.00**

**Adult Breakfast \$3.00**

**Reduced Breakfast \$0.30**

### NUTRITION NEWS:

Did you know June is National Dairy Month? Dairy is important because it contains nine essential nutrients, including vitamin D and calcium. Try to get three servings of dairy per day to get the nutrients you need to build strong bones! Incorporate dairy into your diet by creating a delicious Greek yogurt dip or sprinkle some low-fat cheese on top of your spinach salad. We've got you covered at lunch as your meal always comes with a milk option.



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**MENU SUBJECT  
TO CHANGE**

  
**Maschio's**  
Food Services, Inc.  
"This institution is an equal opportunity provider"