Mount Olive High School

June 2017
Lunch Menu

Student Lunch **$4.00** Reduced Lunch **$0.40** Adult Lunch **$5.00**

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO — **NY Style or Personal Pan Pizza**

Fast & Fresh — **Assorted Freshly Prepared Specialty Salad Meals**

Great Grillers — **Hamburger or Cheeseburger on a Bun**
Crispy Chicken Sandwich
Spicy Buffalo Chicken Sandwich
Chicken Nuggets with a Roll

Deli Central — **Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings**

Harvest Market — **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Featured Daily**

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Check us out on Facebook: Maschio's Food Services, Inc.

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-691-4006 x 5701

The Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
FUN and SUN			1 **Oven Baked Chicken** Dinner Roll Sweet Potato Fries Fresh or Chilled Fruit	2 **Pasta Bar Pasta w/ Marinara,Meat or Alfredo Sauce** Freshly Prepared Garden Salad Fresh or Chilled Fruit
5 **General Tso's Chicken** Rice Steamed Vegetables Fresh or Chilled Fruit	6 **Mashed Potato Bowl with Popcorn Chicken,Shredded Chedar,Corn,Gravy** Dinner Roll Fresh or Chilled Fruit	7 **Breakfast for Lunch** **Ham, Egg, and Cheese on a Croissant** Mashed Sweet Potatoes	8 **Chicken Fajita Peppers and Onions,shredded cheddar,salsa** Fresh or Chilled Fruit	9 **Pasta w/Meat Sauce** Dinner Roll Freshly Prepared Caesar Salad Fresh or Chilled Fruit
12 **Spicy or Plain Popcorn Chicken Basket** Soft Pretzel Stick Tater Tots Fresh or Chilled Fruit	13 **Tacos with Seasoned Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa** Steamed Corn Fresh or Chilled Fruit	14 **Chicken Cordon Bleu Sandwich Cinnamon Maple Sweet Potato** Fresh or Chilled Fruit	15 **Chicken Tender Basket Carrots** Fresh or Chilled Fruit	16
19	20	21	22 **Half Day No Lunch Served**	23 **Last Day of School!** **Half Day No Lunch Served**

enjoy your **Summer Vacation!**

MENU SUBJECT TO CHANGE

Payments can be made online using www.payforit.net
Please Make Checks Payable To:
Mount Olive Township Board of Education

Maschio's Food Services, Inc.

"This institution is an equal opportunity provider"