



Mount Olive Middle School

June 2017
Lunch Menu

Student Lunch \$3.75 Reduced Lunch \$0.40 Adult Lunch \$4.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN
BISTRO

NY Style or Personal Pan Pizza
with a Variety of Toppings

Fast &
Fresh

Assorted Freshly Prepared
Specialty Salad Meals

Great
Grillers

Hamburger or Cheeseburger on a Bun
Crispy Chicken Sandwich
Spicy Buffalo Chicken Sandwich

Deli
Central

Assorted Quality Deli Meats and Cheeses
on Fresh Rolls, Breads, and Wraps
with a Variety of Fresh Toppings

Harvest
Market

Fresh Vegetables, Featured Salads,
Bean Salad, or Veggie Dippers
Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Check us out on Facebook: *Maschio's Food Services, Inc.*

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-691-4006 x 5701

The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday



FUN
and
SUN



1 Hot Dog
Sweet Potatoes
Fresh or Chilled Fruit

2 BBQ Chicken
Sandwich
Baked Beans
Fresh or Chilled Fruit

5 Chicken
Quesadilla
Steamed
Vegetables
Fresh or Chilled
Fruit

6 Pasta w/ Marinara
Vegetable Medley
Fresh or Chilled Fruit

7 Grilled Ham and
Cheese
Vegetable Medley
Fresh or Chilled Fruit

8 Mashed Potato
Bowl
Vegetable Medley
Fresh or Chilled Fruit

9 Grilled Chicken
Sandwich
Freshly Prepared
Caesar Salad
Fresh or Chilled Fruit

12 Spicy or Plain
Popcorn Chicken
Basket
Soft Pretzel Stick
Tater Tots
Fresh or Chilled Fruit

13 Nacho Platter with
Seasoned Meat,
Shredded
Cheddar Cheese,
Lettuce, Tomatoes,
and Salsa
Steamed Corn
Fresh or Chilled Fruit

14 Sloppy Joe
Fries
Fresh or Chilled Fruit

15 BBQ Chicken
Sweet Potato
Fresh or Chilled Fruit

16 Beef Burrito
Steamed Vegetables
Fresh or Chilled Fruit

19 Pasta w/ Marinara
Vegetable Medley
Fresh or Chilled Fruit

20 Chicken Fajita
Fiesta Corn
Fresh or Chilled Fruit

21 Chicken Nuggets
Vegetable Medley
Fresh or Chilled Fruit

22 **Half Day
No Lunch
Served**

23 **Last Day of
School!**
**Half Day
No Lunch
Served**

enjoy your

Summer Vacation!



MENU SUBJECT TO CHANGE

Payments can be made online using www.payforit.net

Please Make Checks Payable To:
Mount Olive Township Board of Education

Maschio's
Food Services, Inc.

"This institution is an equal opportunity provider"