



Mount Olive High School

March 2018
Lunch Menu

Student Lunch \$4.00 Reduced Lunch \$0.40 Adult Lunch \$5.00

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO **NY Style or Personal Pan Pizza with a Variety of Toppings**

Fast & Fresh **Assorted Freshly Prepared Specialty Salad Meals**

Great Grillers **Cheeseburger on a Bun**
Crispy Chicken Sandwich
Spicy Buffalo Chicken Sandwich

Deli Central **Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings**

Harvest Market **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**
Featured Daily

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-927-2208 x 7800

The Main Event

Monday Tuesday Wednesday Thursday Friday



Happy Spring!



<p>5 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit</p>	<p>6 Breakfast for Lunch New Recipe! Egg & Turkey Chorizo Burrito Hash Browns Fresh or Chilled Fruit</p>	<p>7 Pasta Bar with choice of Marinara Sauce, Meat Sauce, or Alfredo Sauce Garlic Bread Sautéed Spinach Fresh or Chilled Fruit</p>	<p>8 FireCracker Chicken Sandwich Battered French Fries Fresh or Chilled Fruit</p>	<p>9 New Recipe! Three Cheese Grilled Cheese Sandwich Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit</p>
<p>I SCHOOL BREAKFAST National School Breakfast Week</p>				
<p>12 New Recipe! Crispy Chicken on a Biscuit with Maple Sriracha Sauce Sweet Potato Fries Fresh or Chilled Fruit</p>	<p>13 Taco Tuesday Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Rice Steamed Corn Fresh or Chilled Fruit</p>	<p>14 Roast Turkey with Gravy Dinner Roll Mashed Potatoes Steamed Carrots Fresh or Chilled Fruit</p>	<p>15 Philly Cheesesteak Hero with Peppers & Onions Potato Wedges Fresh or Chilled Fruit</p>	<p>16 New Recipes! Loaded Potato Wedges with Cheese Dinner Roll Freshly Prepared Caesar Salad Gelatin Fruit Cups Fresh or Chilled Fruit</p>
<p>19 Chicken Cordon Bleu on a Bun Emoji Fries Fresh or Chilled Fruit</p>	<p>20 Italian Hot Dog On a Bun with Peppers & Onions Freshly Prepared Three Bean Salad Fresh Veggie Dippers Fresh or Chilled Fruit 1st Day of Spring</p>	<p>21 Meatloaf With Gravy Dinner Roll Vegetable Medley Fresh or Chilled Fruit</p>	<p>22 New Recipe! General Tso's Popcorn Chicken Lettuce Wraps with Asian Slaw Steamed Rice Fresh or Chilled Fruit</p>	<p>23 Fish Sticks with French Fries Dinner Roll Freshly Prepared Garden Salad Fresh or Chilled Fruit</p>
<p>26 Meatless Monday New Recipe! Cheese Lasagna Rollup with Marinara Sauce Warm Breadstick Broccoli Italiano Fresh or Chilled Fruit</p>	<p>27 New Recipe! Plain or Spicy Chicken Nugget Basket Dinner Roll Potato Wedges Fresh or Chilled Fruit</p>	<p>28 Rodeo Burger on a Bun with Onion Rings & BBQ Sauce Sweet Potato Tots Fresh or Chilled Fruit</p>	<p>29 School Closed</p>	<p>30 School Closed</p>

MENU SUBJECT TO CHANGE

Payments can be made online using www.payforit.net

Please Make Checks Payable To:
Mount Olive Township Board of Education



"This institution is an equal opportunity provider"