



Mount Olive High School

May 2017
Lunch Menu

Student Lunch \$4.00 Reduced Lunch \$0.40 Adult Lunch \$5.00

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO

NY Style or Personal Pan Pizza

Fast & Fresh

Assorted Freshly Prepared Specialty Salad Meals

Great Grillers

Hamburger or Cheeseburger on a Bun
Crispy Chicken Sandwich
Spicy Buffalo Chicken Sandwich
Chicken Nuggets with a Roll

Deli Central

Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings

Harvest Market

Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Featured Daily

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Check us out on Facebook: **Maschio's Food Services, Inc.**

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-691-4006 x 5701

The Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken BLT on a Roll Sweet Potato Waffle Fries Fresh or Chilled Fruit	2 Pasta w/ Meat Sauce Dinner Roll Vegetable Medley Fresh or Chilled Fruit	3 Chicken Fajita Taco Fries Fresh or Chilled Fruit	4 STAR WARS DAY Egg, Cheese, & Ham Solo on a Croissant Vader Tater Tots Galaxy Swirl Sorbet Fresh or Chilled Fruit	5 New Items! Pizza Cheese Quesadilla Southwestern Corn Fresh or Chilled Fruit Warm Cinnamon Churro School Lunch Hero Day
8 New Item! America Kentucky "Hot Brown" Sandwich Turkey Cheddar Bacon Melt on a Croissant with Tomato Slices and Turkey Gravy Soft Pretzel Stick Creamy Cucumber Salad Fresh or Chilled Fruit Kentucky Derby Day	9 Mexico Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa Steamed Rice Steamed Corn Fresh or Chilled Fruit	10 Germany Top Your Own All Beef Frankfurter on a Bun with Assorted Toppings and Sauerkraut Potato Wedges Applesauce	11 China General Tso's Chicken over Rice Broccoli Mandarin Oranges	12 Italy Mini Cheese or Pepperoni Calzones with Marinara Sauce Freshly Prepared Italian House Salad Fresh or Chilled Fruit
15 Plain or Spicy Chicken Tender Basket Soft Pretzel Stick Battered French Fries Fresh or Chilled Fruit	16 Rodeo Burger on a Bun with Onion Rings & BBQ Sauce Sweet Potato Crinkle Fries Fresh or Chilled Fruit	17 Chicken Parm Sub Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	18 Cheese and Cheese Quesadilla Refried Beans Fresh or Chilled Fruit	19 Warm Breadstick Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
22 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit	23 Herbed Grilled Chicken Dinner Roll Vegetable Medley Fresh or Chilled Fruit	24 SCOOP-A-BOWL with Taco Chicken, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, and Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit	25 BBQ Roast Chicken Veggie Pasta Salad Dinner Roll Sweet Potato Crinkle Fries Fresh or Chilled Fruit National BBQ Month	26 Sloppy Joe Freshly Prepared Caesar Salad Fresh or Chilled Fruit
29 Memorial Day School Closed	30 Cheesesteak Calzone Battered French Fries Fresh or Chilled Fruit	31 Chicken Cordon Bleu Sautéed Spinach Fresh or Chilled Fruit	 Celebrate World Food Week! May 8th-12th	

MENU SUBJECT TO CHANGE

Payments can be made online using www.payforit.net

Please Make Checks Payable To:
Mount Olive Township Board of Education



"This institution is an equal opportunity provider"