



Mount Olive Middle School

May 2017
Lunch Menu

Student Lunch \$3.75 Reduced Lunch \$0.40 Adult Lunch \$4.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN
BISTRO

NY Style or Personal Pan Pizza
with a Variety of Toppings

Fast &
Fresh

Assorted Freshly Prepared
Specialty Salad Meals

Great
Grillers

Hamburger or Cheeseburger on a Bun
Crispy Chicken Sandwich
Spicy Buffalo Chicken Sandwich

Deli
Central

Assorted Quality Deli Meats and Cheeses
on Fresh Rolls, Breads, and Wraps
with a Variety of Fresh Toppings

Harvest
Market

Fresh Vegetables, Featured Salads,
Bean Salad, or Veggie Dippers
Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Check us out on Facebook: *Maschio's Food Services, Inc.*

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-691-4006 x 5701

The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

<p>1 Crispy Chicken BLT on a Roll French Fries Fresh or Chilled Fruit</p>	<p>2 Spaghetti with Meat Sauce Dinner Roll Vegetable Medley Fresh or Chilled Fruit</p>	<p>3 New Item! Wafflelicious Wednesday Waffles with Warm Berry Compote Breakfast Sausages Sweet Potato Waffle Fries Fresh or Chilled Fruit</p>	<p>4 STAR WARS DAY Grilled Cheese and Ham Solo Sandwich Vader Tater Tots Galaxy Swirl Sorbet</p>	<p>5 New Items! CINCO DE MAYO Pizza Cheese Quesadilla Southwestern Corn Fresh or Chilled Fruit Warm Cinnamon Churro School Lunch Hero Day</p>
<p>8 China General Tso's Chicken over Rice Broccoli Mandarin Oranges</p>	<p>9 Mexico Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa Steamed Rice Steamed Corn Fresh or Chilled Fruit</p>	<p>10 Germany All Beef Frankfurter on a Bun Potato Wedges Applesauce</p>	<p>11 America BBQ Chicken Veggie Pasta Salad Dinner Roll Sweet Potato Crinkle Fries Fresh or Chilled Fruit National BBQ Month</p>	<p>12 Italy Mini Cheese or Pepperoni Calzones with Marinara Sauce Freshly Prepared Italian House Salad Fresh or Chilled Fruit</p>
<p>15 Plain or Spicy Chicken Tender Basket Soft Pretzel Stick Battered French Fries Fresh or Chilled Fruit</p>	<p>16 Breakfast for Lunch Pancakes Breakfast Sausages Maple Cinnamon Sweet Potatoes Fresh or Chilled Fruit</p>	<p>17 Meatball Parm Sub Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit</p>	<p>18 Chicken Fajita Corn Fresh or Chilled Fruit</p>	<p>19 Mini Cheese Pizza Bagels Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit</p>
<p>22 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar Cheese, Corn, and Gravy Dinner Roll Fresh or Chilled Fruit</p>	<p>23 Baked Ziti Garlic Bread Sautéed Spinach Fresh or Chilled Fruit</p>	<p>24 Breakfast for Lunch Bacon, Egg, and Cheese on a Roll Hash Browns Fresh or Chilled Fruit</p>	<p>25 SCOOP-A-BOWL with Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, and Salsa Tostitos SCOOPS![®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit</p>	<p>26 Twisted Cheesy Breadsticks with Marinara Sauce Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>
<p>29 Memorial Day School Closed </p>	<p>30 Grilled Cheese Battered French Fries Fresh or Chilled Fruit</p>	<p>31 BBQ Chicken Vegetable Medley Fresh or Chilled Fruit</p>	<p> Celebrate World Food Week! May 8th-12th</p>	

MENU SUBJECT TO CHANGE

Payments can be made online using www.payforit.net

Please Make Checks Payable To:

Mount Olive Township Board of Education



"This institution is an equal opportunity provider"