



Mount Olive High School

May 2018
Lunch Menu

Student Lunch \$4.00 Reduced Lunch \$0.40 Adult Lunch \$5.00

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO **NY Style or Personal Pan Pizza with a Variety of Toppings**

Fast & Fresh **Assorted Freshly Prepared Specialty Salad Meals**

Great Grillers **Cheeseburger on a Bun**
Crispy Chicken Sandwich
Spicy Buffalo Chicken Sandwich
Chicken Nuggets with a Roll

Deli Central **Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings**

Harvest Market **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**
Featured Daily

Our well-balanced lunches available for the week, average between **750-850 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-927-2208 x 7800

The Main Event

Monday Tuesday Wednesday Thursday Friday

	1 Crispy Chicken on a Biscuit with Honey Sriracha Sauce Spiral Fries Fresh or Chilled Fruit	2 Rodeo Burger on a Bun with Onion Rings and BBQ Sauce Honey Glazed Carrot Fresh or Chilled Fruit National Hamburger Month	3 Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa Steamed Rice Corn Fresh or Chilled Fruit Warm Cinnamon Churro	4 Chicken Ceasar Salad Wrap Chewbacca Cucumber Coins Fresh or Chilled Fruit School Lunch Hero Day	
	7 Spicy or Plain Popcorn Chicken Basket Warm Breadstick Tater Tots Fresh or Chilled Fruit	8 Pasta Primavera with Garden Vegetables Garlic Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	9 General Tso's Popcorn Chicken with Rice Szechuan Green Beans Fresh or Chilled Fruit	10 Meatball Parm Sub Broccoli Italiano Fresh or Chilled Fruit	11 Potato Chip Crusted Chicken on a Bun Freshly Prepared Cucumber and Tomato Salad Fresh or Chilled Fruit
	14 Meatless Monday Three Cheese Grilled Cheese Sandwich Freshly Prepared Country Slaw Fresh or Chilled Fruit	15 Baked Ziti Garlic Bread Broccoli Italiano Fresh or Chilled Fruit	16 Chicken & Cheese Quesadilla with Salsa Black Bean & Corn Salad Fresh or Chilled Fruit National Salsa Month	17 Breakfast for Lunch Egg & Cheese on a Biscuit Hash Browns Fresh or Chilled Fruit National Egg Month	18 Loaded Baked Potato with Chili and Cheese Steamed Broccoli Dinner Roll Fresh or Chilled Fruit
	21 Crispy Chicken BLT Sandwich Potato Wedges Fresh or Chilled Fruit	22 Beef and Bean Burrito Steamed Rice Tex Mex Green Beans Fresh or Chilled Fruit	23 New Recipe! Turkey & Cheese Panini with Chipotle Mayo Freshly Prepared Caesar Salad Fresh or Chilled Fruit	24 Pasta Bar with choice of Meatballs Marinara Sauce, or Meat Sauce Dinner Roll Freshly Prepared Garden Salad Fresh or Chilled Fruit	25 Roasted BBQ Chicken Baked Beans Cinnamon Sweet Potato Dinner Roll Fresh or Chilled Fruit
28 Memorial Day School Closed MENU SUBJECT TO CHANGE	29 Chicken Cordon Bleu on a Bun Maple Sweet Potatoes Fresh or Chilled Fruit	30 Firecracker Burger on a Bun with Boom Boom Sauce Vegetable Pasta Salad BBQ Baked Beans Fresh or Chilled Fruit National BBQ Month	31 Mashed Potato Bowl with Popcorn Chicken, Shredded Cheddar cheese Corn and Gravy Dinner Roll Fresh or Chilled Fruit		

Vegetarian Awareness Week

Maschio's Food Services, Inc.
 "This institution is an equal opportunity provider"

Payments can be made online using