



# Mount Olive Middle School

May 2018  
Lunch Menu

Student Lunch \$3.75    Reduced Lunch \$0.40    Adult Lunch \$4.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

**MEDITERRANEAN BISTRO**    **NY Style or Personal Pan Pizza with a Variety of Toppings**

**Fast & Fresh**    **Assorted Freshly Prepared Specialty Salad Meals**

**Great Grillers**    **Hamburger or Cheeseburger on a Bun**  
**Crispy Chicken Sandwich**  
**Spicy Buffalo Chicken Sandwich**

**Deli Central**    **Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings**

**Harvest Market**    **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Featured Daily**

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**



Connect with us!



Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: 973-927-2208 x 7800

# The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

|  |  |  |  |  |
|--|--|--|--|--|
|  | <b>1 Rodeo Burger on a Bun with Onion Rings and BBQ Sauce</b><br>Confetti Fries<br>Fresh or Chilled Fruit<br><br><b>National Hamburger Month</b> | <b>2 Breakfast for Lunch</b><br><b>Cinnamon French Toast Stick</b><br>Breakfast Sausages<br>Sweet Potatoes<br>Fresh or Chilled Fruit | <b>3 CINCO DE MAYO Celebration</b><br><b>Soft Tacos</b><br><b>Shredded Cheddar Cheese, Lettuce, Tomato &amp; Salsa</b><br>Steamed Rice<br>Corn<br>Fresh or Chilled Fruit<br>Warm Cinnamon Churro | <b>4 BBQ Chicken Sandwich</b><br>Vegetable Medley<br>Fresh or Chilled Fruit                                      |
| <b>7 Spicy or Plain Chicken Tender Basket</b><br>Warm Breadstick<br>Tater Tots<br>Fresh or Chilled Fruit                               | <b>8</b><br>Garlic Breadstick<br>Freshly Prepared Garden Salad<br>Fresh or Chilled Fruit   | <b>9 Chicken Parm Sub</b><br>Peas and Carrots<br>Fresh or Chilled Fruit  | <b>10 General Tso Chicken with Rice</b><br>Steamed Broccoli<br>Fresh or Chilled Fruit  | <b>11 Philly Cheesesteak Hero with Peppers &amp; Onions</b><br><b>Vegetable Medley</b><br>Fresh or Chilled Fruit |
| <b>14 Meatless Monday Grilled Cheese Sandwich</b><br>Tomato Soup<br>Fresh or Chilled Fruit   | <b>15 Pasta w/ Meat Sauce</b><br>Garlic Bread<br>Broccoli Italiano<br>Fresh or Chilled Fruit   | <b>16 BBQ Chicken</b><br>Vegetable Medley<br>Mashed Potatoes<br>Fresh or Chilled Fruit   | <b>17 Cheese Quesadilla with Salsa</b><br>Southwestern Corn<br>Fresh or Chilled Fruit<br><b>National Salsa Month</b>   | <b>18 Ham and Cheese Melt on a Pretzel Bun</b><br>Freshly Prepared Spring Mix Salad<br>Fresh or Chilled Fruit    |
| <b>21 Crispy Chicken BLT Sandwich</b><br>Potato Wedges<br>Fresh or Chilled Fruit   | <b>22 Firecracker Burger on a Bun with Boom Boom Sauce</b><br>Vegetable Medley<br>Fresh or Chilled Fruit<br><b>National BBQ Month</b>            | <b>23 Open Faced Turkey Sandwich</b><br>Mashed Potatoes<br>Vegetable Medley<br>Fresh or Chilled Fruit                                | <b>24 Breakfast for Lunch</b><br><b>Bacon, Egg &amp; Cheese on a Croissant</b><br>Sweet Potatoes<br>Fresh or Chilled Fruit<br><b>National Egg Month</b>  | <b>25 Sloppy Joe</b><br>Freshly Prepared Italian House Salad<br>Fresh or Chilled Fruit                           |
| <b>28 Memorial Day</b><br><br><b>School Closed</b> | <b>29 BBQ Chicken Sandwich</b><br>Vegetable Medley<br>Fresh or Chilled Fruit   | <b>30 New Item! Turkey &amp; Cheese Panini with Chipotle Mayo</b><br>Freshly Prepared Caesar Salad<br>Fresh or Chilled Fruit         | <b>31 Grilled Cheese Sandwich</b><br>Tomato Soup<br>Fresh or Chilled Fruit   |  |

MENU SUBJECT TO CHANGE

Payments can be made online using [www.payforit.net](http://www.payforit.net)

Please Make Checks Payable To:  
**Mount Olive Township Board of Education**



"This institution is an equal opportunity provider"