



# Mount Olive High School

October 2017  
Breakfast Menu

# The Main Event

Monday

Tuesday

Wednesday

Thursday

Friday

## Get a Healthy Start to Your Day with School Breakfast!

**Available Daily:**  
Assorted Cereals served with  
Graham Crackers  
Assorted Fruit  
100% Juice Selection  
Milk Selection

**Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!**

2 <b>Assorted Muffins with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	3 <b>Berry Rice Krispie Cereal Bar with Low Fat Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection	4 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection	5 <b>Assorted Muffins with Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection	6 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection
9 <b>Assorted Muffins with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	10 <b>Berry Rice Krispie Cereal Bar with Low Fat Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection	11 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection	12 <b>Assorted Muffins with Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection	13 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection
16 <b>Assorted Muffins with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	17 <b>Berry Rice Krispie Cereal Bar with Low Fat Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection	18 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection	19 <b>Assorted Muffins with Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection	20 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection
23 <b>Assorted Muffins with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	24 <b>Berry Rice Krispie Cereal Bar with Low Fat Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection	25 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection	26 <b>Assorted Muffins with Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection	27 <b>Bagel with Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection
30 <b>Assorted Muffins with Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	31 <b>HALLOWEEN</b> <b>Berry Rice Krispie Cereal Bar with Low Fat Yogurt</b> Assorted Fruit 100% Fruit Juice Milk Selection	 <p><b>Cook Up your own Recipe for Success during National School Lunch Week!</b></p> <p>This month we are asking you to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details. There will be three winners company-wide. Each winner will receive a gift basket and gift card. Each winner's recipe creation will be featured on the January Menu!</p>		

MENU SUBJECT TO CHANGE

Please Visit: [www.maschiofood.com](http://www.maschiofood.com)

Connect with us!



"This institution is an equal opportunity provider"



Student Breakfast

**\$0.00**

Adult Breakfast

**\$0.00**

Reduced Breakfast

**\$0.30**



### Questions or Concerns?

Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at:  
973-691-4006 x 5701