

MEMO FROM THE SCHOOL NURSE

DATE: February 13, 2018

Dear Parent or Guardian,

The Flu is now throughout our community and including Sandshore school .
Please be aware if your child complains of any of the following flu like symptoms:

- **Temperature / Fever of 100 degrees or higher**
- **Cough**
- **Headache**
- **Sore Throat**
- **Body Ache**

If your child complains of any of these symptoms **please keep him or her home** and see your doctor as soon as possible for a proper diagnosis. **If your child is diagnosed with influenza / flu we ask that you please report this to the school and have a doctor's note clearing your child's return to school.**

Please keep your child home for at least 24 hours after fever symptoms fully disappear without the use of medication.
Constant cough is also a means to spread an illness.

We thank you in advance for your cooperation and helping to keep all the students and staff of Sandshore School as healthy as possible.

Sincerely,

Suzanne Herbst, RN, CSN