



Mount Olive Elementary Schools

June 2018
Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>enjoy your Summer Vacation!</p>				1 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
4 Assorted Muffins with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	5 Berry Rice Krispie Cereal Bar with Low Fat Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	6 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	7 Assorted Muffins with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	8 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
11 Assorted Muffins with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	12 Berry Rice Krispie Cereal Bar with Low Fat Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	13 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	14 Assorted Muffins with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	15 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
18 Assorted Muffins with Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	19 Berry Rice Krispie Cereal Bar with Low Fat Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	20 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	21 Assorted Muffins with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	22 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
25 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	26	27	28 	29

Get a Healthy Start to Your Day with School Breakfast!

Available Daily:
Assorted Cereals served with
Graham Crackers
Assorted Fruit
100% Juice Selection
Milk Selection

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast \$2.00

Adult Breakfast \$3.00

Reduced Breakfast \$0.30

NUTRITION NEWS:

Did you know June is National Dairy Month? Dairy is important because it contains nine essential nutrients, including vitamin D and calcium. Try to get three servings of dairy per day to get the nutrients you need to build strong bones! Incorporate dairy into your diet by creating a delicious Greek yogurt dip or sprinkle some low-fat cheese on top of your spinach salad. We've got you covered at lunch as your meal always comes with a milk option.



Connect with us!   

Please Visit: www.maschiofood.com

MENU SUBJECT
TO CHANGE

