



Mount Olive Middle School

June 2018
Lunch Menu

Student Lunch \$3.75 Reduced Lunch \$0.40 Adult Lunch \$4.75

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

MEDITERRANEAN BISTRO **NY Style or Personal Pan Pizza with a Variety of Toppings**

Fast & Fresh **Assorted Freshly Prepared Specialty Salad Meals**

Great Grillers **Hamburger or Cheeseburger on a Bun**
Crispy Chicken Sandwich
Spicy Buffalo Chicken Sandwich

Deli Central **Assorted Quality Deli Meats and Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings**

Harvest Market **Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers**
Featured Daily

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Connect with us!



Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-927-2208 x 7800

The Main Event

Monday Tuesday Wednesday Thursday Friday

enjoy your
Summer Vacation!



1 **BBQ Chicken BLT**
Freshly Prepared Garden Salad
Fresh or Chilled Fruit

4 **General Tso's Chicken with Rice**
Steamed Vegetables
Fresh or Chilled Fruit

5 **Chicken Fajitas**
Fiesta Corn
Fresh or Chilled Fruit

6 **Pasta w/ Meat Sauce**
Vegetable Medley
Fresh or Chilled fruit

7 **Mashed Potato Bowl**
Dinner Roll
Fresh or Chilled Fruit

8 **Twisted Cheesy Breadsticks with Marinara Sauce**
Steamed Vegetables
Fresh or Chilled Fruit

11 **Spicy or Plain Popcorn Chicken Basket**
Soft Pretzel Stick
Tater Tots
Fresh or Chilled Fruit

12 **BBQ Pork Sandwich**
Oven Baked Fries
Fresh or Chilled Fruit

13 **Grilled Cheese**
Tomato Soup
Fresh or Chilled Fruit

14 **Breakfast for Lunch**
Fresh or Chilled Fruit

15 **Pizza Cruncher served Marinara Sauce**
Freshly Prepared Salad
Fresh or Chilled Fruit

18 **Rodeo Chicken Sandwich**
Oven Baked Fries
Fresh or Chilled Fruit

19 **Nacho Platter**
Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa
Steamed Corn
Fresh or Chilled Fruit

20 **Ham & Cheese Melt on a Croissant**
Emoji Fries
Fresh or Chilled Fruit

21 **Chicken and Cheese Quesadilla**
Southwestern Corn
Fresh or Chilled Fruit

22 **No Lunch Service**

25 **No Lunch Service**

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MENU SUBJECT TO CHANGE

Payments can be made online using www.payforit.net

Please Make Checks Payable To:
Mount Olive Township Board of Education



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